Prayer Counter: Prayer Commitment for Households in the Parish ***"Pray without ceasing" (1Thes. 5:17)***

Each number below represents a household in the average Catholic parish in the U.S. (Qty. 1275)**

*** Quantity is approximate. Source: USCCB, 6/05*

Instructions: (Note: For additional instructions and tips, see the Catholic Fun & Activities section at www.MyCatholicSource.com / www.CatholicCommunityCenter.com)

Say a prayer for each household represented below. [Note: For easier readability, you may enlarge the prayer counter (e.g. at a copy store or office supply store, on larger size paper).]

Short prayers, called "exclamations" (or, more commonly, "aspirations") appear below for your convenience. Feel free, however, to use any prayer of your choice.

To aid in counting, use your rosary. Each rosary contains 59 beads, for a total of 59 prayers (60 if you say a prayer also on the crucifix).

To keep your place, draw a line down the column below after you finish the prayers for that column. For example, if you use the rosary and say a prayer on each bead and the crucifix, draw a line from #1 through #60 below. Continue until completed.

Feel free to spread your praying out over several days or weeks (or, if necessary, months). Your prayer commitment should not be a replacement for the rosary, but rather, a supplement to it.

Tip: Keep your counter in your wallet or purse or place it somewhere that will remind you to pray. As a reminder, do not be tempted to brag about your prayerfulness and do not pray methodically, but from the heart.

Exclamations: (Tip: For additional prayers, see the Prayers & Devotions section at www.MyCatholicSource.com / www.CatholicCommunityCenter.com)

* Jesus!
* Mary!
* Jesus, Mary, Joseph.
* My Lord and my God!
* My God, I love Thee.
* My God and my all.
* My Jesus, mercy!
* Heart of Jesus, I trust in Thee.
* Mother of mercy, pray for us.
* Blessed be the Name of the Lord!
* O God, be merciful to me, a sinner.
* Mary, our hope, have pity on us.
* Virgin most sorrowful, pray for us.
* O Lord, increase our faith.
* O Lord, send laborers into Thy harvest.
* O Jesus, grant that I may be Thine, wholly Thine, solely Thine.
* I thank Thee, O Lord, for having died upon the cross for my sins.
* May the grace of the Holy Spirit enlighten our senses and our hearts.
* Sweetest Jesus, be to me, not a Judge, but a Savior.
* O Lord, repay us not according to the sins which we have committed, nor according to our iniquities.

1	36	71	106	141	176	211	246	281	316	351	386	421	456	491	526	561	596	631	666	701	736	771	806	841	876	911	946	981	1016	1051	1086	1121	1156	1191	1226	1261
2	37	72	107	142	177	212	247	282	317	352	387	422	457	492	527	562	597	632	667	702	737	772	807	842	877	912	947	982	1017	1052	1087	1122	1157	1192	1227	1262
3	38	73	108	143	178	213	248	283	318	353	388	423	458	493	528	563	598	633	668	703	738	773	808	843	878	913	948	983	1018	1053	1088	1123	1158	1193	1228	1263
4	39	74	109	144	179	214	249	284	319	354	389	424	459	494	529	564	599	634	669	704	739	774	809	844	879	914	949	984	1019	1054	1089	1124	1159	1194	1229	1264
5	40	75	110	145	180	215	250	285	320	355	390	425	460	495	530	565	600	635	670	705	740	775	810	845	880	915	950	985	1020	1055	1090	1125	1160	1195	1230	1265
6	41	76	111	146	181	216	251	286	321	356	391	426	461	496	531	566	601	636	671	706	741	776	811	846	881	916	951	986	1021	1056	1091	1126	1161	1196	1231	1266
7	42	77	112	147	182	217	252	287	322	357	392	427	462	497	532	567	602	637	672	707	742	777	812	847	882	917	952	987	1022	1057	1092	1127	1162	1197	1232	1267
8	43	78	113	148	183	218	253	288	323	358	393	428	463	498	533	568	603	638	673	708	743	778	813	848	883	918	953	988	1023	1058	1093	1128	1163	1198	1233	1268
9	44	79	114	149	184	219	254	289	324	359	394	429	464	499	534	569	604	639	674	709	744	779	814	849	884	919	954	989	1024	1059	1094	1129	1164	1199	1234	1269
10	45	80	115	150	185	220	255	290	325	360	395	430	465	500	535	570	605	640	675	710	745	780	815	850	885	920	955	990	1025	1060	1095	1130	1165	1200	1235	1270
11	46	81	116	151	186	221	256	291	326	361	396	431	466	501	536	571	606	641	676	711	746	781	816	851	886	921	956	991	1026	1061	1096	1131	1166	1201	1236	1271
12	47	82	117	152	187	222	257	292	327	362	397	432	467	502	537	572	607	642	677	712	747	782	817	852	887	922	957	992	1027	1062	1097	1132	1167	1202	1237	1272
13	48	83	118	153	188	223	258	293	328	363	398	433	468	503	538	573	608	643	678	713	748	783	818	853	888	923	958	993	1028	1063	1098	1133	1168	1203	1238	1273
14	49	84	119	154	189	224	259	294	329	364	399	434	469	504	539	574	609	644	679	714	749	784	819	854	889	924	959	994	1029	1064	1099	1134	1169	1204	1239	1274
15	50	85	120	155	190	225	260	295	330	365	400	435	470	505	540	575	610	645	680	715	750	785	820	855	890	925	960	995	1030	1065	1100	1135	1170	1205	1240	1275
16	51	86	121	156	191	226	261	296	331	366	401	436	471	506	541	576	611	646	681	716	751	786	821	856	891	926	961	996	1031	1066	1101	1136	1171	1206	1241	
17	52	87	122	157	192	227	262	297	332	367	402	437	472	507	542	577	612	647	682	717	752	787	822	857	892	927	962	997	1032	1067	1102	1137	1172	1207	1242	
18	53	88	123	158	193	228	263	298	333	368	403	438	473	508	543	578	613	648	683	718	753	788	823	858	893	928	963	998	1033	1068	1103	1138	1173	1208	1243	
19	54	89	124	159	194	229	264	299	334	369	404	439	474	509	544	579	614	649	684	719	754	789	824	859	894	929	964	999	1034	1069	1104	1139	1174	1209	1244	
20	55	90	125	160	195	230	265	300	335	370	405	440	475	510	545	580	615	650	685	720	755	790	825	860	895	930	965	1000	1035	1070	1105	1140	1175	1210	1245	
21	56	91	126	161	196	231	266	301	336	371	406	441	476	511	546	581	616	651	686	721	756	791	826	861	896	931	966	1001	1036	1071	1106	1141	1176	1211	1246	
22	57	92	127	162	197	232	267	302	337	372	407	442	477	512	547	582	617	652	687	722	757	792	827	862	897	932	967	1002	1037	1072	1107	1142	1177	1212	1247	
23	58	93	128	163	198	233	268	303	338	373	408	443	478	513	548	583	618	653	688	723	758	793	828	863	898	933	968	1003	1038	1073	1108	1143	1178	1213	1248	
24	59	94	129	164	199	234	269	304	339	374	409	444	479	514	549	584	619	654	689	724	759	794	829	864	899	934	969	1004	1039	1074	1109	1144	1179	1214	1249	
25	60	95	130	165	200	235	270	305	340	375	410	445	480	515	550	585	620	655	690	725	760	795	830	865	900	935	970	1005	1040	1075	1110	1145	1180	1215	1250	
26	61	96	131	166	201	236	271	306	341	376	411	446	481	516	551	586	621	656	691	726	761	796	831	866	901	936	971	1006	1041	1076	1111	1146	1181	1216	1251	
27	62	97	132	167	202	237	272	307	342	377	412	447	482	517	552	587	622	657	692	727	762	797	832	867	902	937	972	1007	1042	1077	1112	1147	1182	1217	1252	
28	63	98	133	168	203	238	273	308	343	378	413	448	483	518	553	588	623	658	693	728	763	798	833	868	903	938	973	1008	1043	1078	1113	1148	1183	1218	1253	
29	64	99	134	169	204	239	274	309	344	379	414	449	484	519	554	589	624	659	694	729	764	799	834	869	904	939	974	1009	1044	1079	1114	1149	1184	1219	1254	
30	65	100	135	170	205	240	275	310	345	380	415	450	485	520	555	590	625	660	695	730	765	800	835	870	905	940	975	1010	1045	1080	1115	1150	1185	1220	1255	
31	66	101	136	171	206	241	276	311	346	381	416	451	486	521	556	591	626	661	696	731	766	801	836	871	906	941	976	1011	1046	1081	1116	1151	1186	1221	1256	
32	67	102	137	172	207	242	277	312	347	382	417	452	487	522	557	592	627	662	697	732	767	802	837	872	907	942	977	1012	1047	1082	1117	1152	1187	1222	1257	
33	68	103	138	173	208	243	278	313	348	383	418	453	488	523	558	593	628	663	698	733	768	803	838	873	908	943	978	1013	1048	1083	1118	1153	1188	1223	1258	
34	69	104	139	174	209	244	279	314	349	384	419	454	489	524	559	594	629	664	699	734	769	804	839	874	909	944	979	1014	1049	1084	1119	1154	1189	1224	1259	
35	70	105	140	175	210	245	280	315	350	385	420	455	490	525	560	595	630	665	700	735	770	805	840	875	910	945	980	1015	1050	1085	1120	1155	1190	1225	1260	

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