

Prayer Counter: Prayer Commitment for the Unborn
Each number below represents a child killed, every day, through the act of abortion. (Qty. 4400)**

**Quantity is approximate. Source: PFL, 9/01

"Pray without ceasing" (1Thes. 5:17)

Instructions: (Note: For additional instructions and tips, see the **Catholic Fun & Activities section** at www.MyCatholicSource.com / www.CatholicCommunityCenter.com)

Say a prayer for each child represented below (as well as for their parents and those who helped or encouraged the abortion). [Note: For easier readability, you may enlarge the prayer counter (e.g. at a copy store or office supply store, on larger size paper).]

Short prayers, called "exclamations" (or, more commonly, "aspirations") appear below for your convenience. Feel free, however, to use any prayer of your choice.

To aid in counting, use your rosary. Each rosary contains 59 beads, for a total of 59 prayers (60 if you say a prayer also on the crucifix).

To keep your place, draw a line down the column below after you finish the prayers for that column. For example, if you use the rosary and say a prayer on each bead and the crucifix, draw a line from #1 through #60 below. Continue until completed.

Feel free to spread your praying out over several days or weeks (or, if necessary, months). Your prayer commitment should not be a replacement for the rosary, but rather, a supplement to it.

Tip: Keep your counter in your wallet or purse or place it somewhere that will remind you to pray. As a reminder, do not be tempted to brag about your prayerfulness and do not pray methodically, but from the heart.

Exclamations: (Tip: For additional prayers, see the **Prayers & Devotions section** at www.MyCatholicSource.com / www.CatholicCommunityCenter.com)

- * Blessed be the Name of the Lord!
- * O God, be merciful to me, a sinner.
- * Mary, our hope, have pity on us.
- * Virgin most sorrowful, pray for us.
- * Sweetest Jesus, be to me, not a Judge, but a Savior.
- * Jesus!
- * Mary!
- * Jesus, Mary, Joseph.
- * My Lord and my God!
- * My Jesus, mercy!
- * O Lord, increase our faith.
- * Heart of Jesus, I trust in Thee.
- * Mother of mercy, pray for us.
- * My God, I love Thee.
- * O Lord, send laborers into Thy harvest.
- * O Lord, repay us not according to the sins which we have committed, nor according to our iniquities.
- * O Jesus, grant that I may be Thine, wholly Thine, solely Thine.
- * I thank Thee, O Lord, for having died upon the cross for my sins.
- * Dear Lord Jesus, grant them eternal rest.
- * Teach me, O Lord, to do Thy Will, for Thou art my God.

1	101	201	301	401	501	601	701	801	901	1001	1101	1201	1301	1401	1501	1601	1701	1801	1901	2001	2101	2201	2301	2401	2501	2601	2701	2801	2901	3001	3101	3201	3301	3401	3501	3601	3701	3801	3901	4001	4101	4201	4301
2	102	202	302	402	502	602	702	802	902	1002	1102	1202	1302	1402	1502	1602	1702	1802	1902	2002	2102	2202	2302	2402	2502	2602	2702	2802	2902	3002	3102	3202	3302	3402	3502	3602	3702	3802	3902	4002	4102	4202	4302
3	103	203	303	403	503	603	703	803	903	1003	1103	1203	1303	1403	1503	1603	1703	1803	1903	2003	2103	2203	2303	2403	2503	2603	2703	2803	2903	3003	3103	3203	3303	3403	3503	3603	3703	3803	3903	4003	4103	4203	4303
4	104	204	304	404	504	604	704	804	904	1004	1104	1204	1304	1404	1504	1604	1704	1804	1904	2004	2104	2204	2304	2404	2504	2604	2704	2804	2904	3004	3104	3204	3304	3404	3504	3604	3704	3804	3904	4004	4104	4204	4304
5	105	205	305	405	505	605	705	805	905	1005	1105	1205	1305	1405	1505	1605	1705	1805	1905	2005	2105	2205	2305	2405	2505	2605	2705	2805	2905	3005	3105	3205	3305	3405	3505	3605	3705	3805	3905	4005	4105	4205	4305
6	106	206	306	406	506	606	706	806	906	1006	1106	1206	1306	1406	1506	1606	1706	1806	1906	2006	2106	2206	2306	2406	2506	2606	2706	2806	2906	3006	3106	3206	3306	3406	3506	3606	3706	3806	3906	4006	4106	4206	4306
7	107	207	307	407	507	607	707	807	907	1007	1107	1207	1307	1407	1507	1607	1707	1807	1907	2007	2107	2207	2307	2407	2507	2607	2707	2807	2907	3007	3107	3207	3307	3407	3507	3607	3707	3807	3907	4007	4107	4207	4307
8	108	208	308	408	508	608	708	808	908	1008	1108	1208	1308	1408	1508	1608	1708	1808	1908	2008	2108	2208	2308	2408	2508	2608	2708	2808	2908	3008	3108	3208	3308	3408	3508	3608	3708	3808	3908	4008	4108	4208	4308
9	109	209	309	409	509	609	709	809	909	1009	1109	1209	1309	1409	1509	1609	1709	1809	1909	2009	2109	2209	2309	2409	2509	2609	2709	2809	2909	3009	3109	3209	3309	3409	3509	3609	3709	3809	3909	4009	4109	4209	4309
10	110	210	310	410	510	610	710	810	910	1010	1110	1210	1310	1410	1510	1610	1710	1810	1910	2010	2110	2210	2310	2410	2510	2610	2710	2810	2910	3010	3110	3210	3310	3410	3510	3610	3710	3810	3910	4010	4110	4210	4310
11	111	211	311	411	511	611	711	811	911	1011	1111	1211	1311	1411	1511	1611	1711	1811	1911	2011	2111	2211	2311	2411	2511	2611	2711	2811	2911	3011	3111	3211	3311	3411	3511	3611	3711	3811	3911	4011	4111	4211	4311
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15	115	215	315	415	515	615	715	815	915	1015	1115	1215	1315	1415	1515	1615	1715	1815	1915	2015	2115	2215	2315	2415	2515	2615	2715	2815	2915	3015	3115	3215	3315	3415	3515	3615	3715	3815	3915	4015	4115	4215	4315
16	116	216	316	416	516	616	716	816	916	1016	1116	1216	1316	1416	1516	1616	1716	1816	1916	2016	2116	2216	2316	2416	2516	2616	2716	2816	2916	3016	3116	3216	3316	3416	3516	3616	3716	3816	3916	4016	4116	4216	4316
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18	118	218	318	418	518	618	718	818	918	1018	1118	1218	1318	1418	1518	1618	1718	1818	1918	2018	2118	2218	2318	2418	2518	2618	2718	2818	2918	3018	3118	3218	3318	3418	3518	3618	3718	3818	3918	4018	4118	4218	4318
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23	123	223	323	423	523	623	723	823	923	1023	1123	1223	1323	1423	1523	1623	1723	1823	1923	2023	2123	2223	2323	2423	2523	2623	2723	2823	2923	3023	3123	3223	3323	3423	3523	3623	3723	3823	3923	4023	4123	4223	4323
24	124	224	324	424	524	624	724	824	924	1024	1124	1224	1324	1424	1524	1624	1724	1824	1924	2024	2124	2224	2324	2424	2524	2624	2724	2824	2924	3024	3124	3224	3324	3424	3524	3624	3724	3824	3924	4024	4124	4224	4324
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26	126	226	326	426	526	626	726	826	926	1026	1126	1226	1326	1426	1526	1626	1726	1826	1926	2026	2126	2226	2326	2426	2526	2626	2726	2826	2926	3026	3126	3226	3326	3426	3526	3626	3726	3826	3926	4026	4126	4226	4326
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29	129	229	329	429	529	629	729	829	929	1029	1129	1229	1329	1429	1529	1629	1729	1829	1929	2029	2129																						